

<b>Class Nur - II</b>	
<b>Menu of the Week (Mon - Fri)</b>	
<b>Day</b>	<b>Week 1</b>
Mon	Paneer paratha/Aloo paratha with chutney
Tue	Rice pulao + chole/ rajma
Wed	Lunch of child's choice
Thur	Green vegetable + paratha/ puri
Fri	Upma/uttapam/idli/cheela with chutney
<b>Day</b>	<b>Week 2</b>
Mon	Cutlet/ Bread roll/ Bread pakora
Tue	Franky Roll
Wed	Lunch of child's choice
Thur	Poori + Vegetable
Fri	Sandwiches- Vegetable/ Mayonnaise
<p><b>Note: D/P, The above menu will be followed fortnightly.</b> Also send seasonal fruits, dry fruits and sprouts along with lunch to inculcate healthy food habit.</p>	

